## **HH** Truist Leadership Institute

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## Mastering Leadership Dynamics™ Drives Behavior Change

**Research Report** 

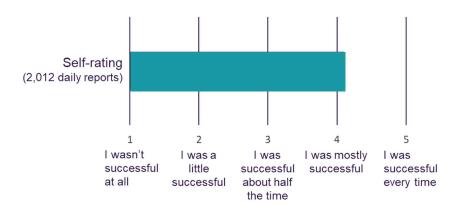
Participants in Truist Leadership Institute's Executive-level leadership development program change their behaviors.

As part of the Mastering Leadership Dynamics program, participants identify several specific behaviors to change that will support their leadership development.

According to the participants themselves, and their observers (colleagues at work), they are successful in changing those behaviors in the weeks following MLD.

Supporting specific behavior changes is just part of our Conscious Leadership+ approach, which applies insights from behavioral science to help ensure meaningful, lasting success for our clients.

How successful were you in performing your new behaviors?



Compared to before [the program], how often did the leader perform their new behaviors?

